



Share your highs and lows, or respond to the following:

- 1. Share about a time when you were especially chosen for something.
- 2. How did you respond?



CHOSEN

PROPER 10

YEAR B





www.growministries.org.au

Sunday between July 10 and July 16



BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

2nd reading

Ephesians 1:3-14

Thanksgiving for

blessings

1st reading Amos 7:7-15 Vision of the plumb line

Gospel reading

Mark 6:14-29 The death of John the Baptist

DISCUSS

The apostle Paul tells us that God had decided to make you his child even before the world was made (Ephesians 1:4). How does this make you feel? Why?



ACTION RESPONSE

The Gospel reading for Sunday tells how John the Baptist was put in prison and later killed. Pray this week for people who are unjustly imprisoned. Visit the website of Amnesty International to learn more about situations of injustice across the world (www.amnesty.org). Find out how you can personally support the work of Amnesty International through letter writing or with a donation.



MEALTIME PRAYER

Receive our thanks for night and day, for food and shelter, rest and play. Lord, be our guest and with us stay. Amen.



Heavenly Father, thank you for choosing to save us. Continue to give us the Holy Spirit, so that the way we live praises you. Amen.



the Lord, who has chosen you, bless you generously through our Lord Jesus Christ.

WE HAVE BEEN SET FREE BECAUSE OF WHAT CHRIST HAS DONE. THROUGH HIS BLOOD OUR SINS HAVE BEEN FORGIVEN.

EPHESIANS 1:7

