

verse for the week
Are any of you in trouble? Then you should pray. Are any of you happy? Then sing songs of praise.

JAMES 5:13

Caring Conversations

Share your highs and lows of the day, or respond to the following questions:

1

In what ways is salt used?

2

Jesus says his followers must have the qualities of salt. What do you think he means?

3

Being part of a family or a congregation involves challenge and conflict as well as joy and gladness. In what ways do our lives 'flavour' the lives of others? How are you God's salt in your relationships?

Devotions



Daily Bible Readings

S	Mark 9:38-50	Avoiding sin
M	Numbers 11:4-6, 10-16, 24-29	Moses and the 70 elders
T	James 5:13-20	The power of prayer
W	Luke 24:36-49	Repentance and forgiveness
T	Micah 7:18-20	God's steadfast love
F	Acts 3:17-26	Repent for times of refreshment
S	Psalms 19:7-14	The wonders of God
S	Mark 10:2-16	Jesus blesses the children

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord, may the words of our mouths and the thoughts of our hearts be pleasing to you this day. You are our Rock and Redeemer. Amen

BLESSING

May God's word guide you and give you peace with others.

Creative Response

In your home, make a sign that reads "Have salt in yourselves, and be at peace with one another." (Mark 9:50).

Put the message next to a salt shaker and place the sign and the salt on a table in your home. Reflect on how your life in Christ has made you like salt and a powerful gift of peace to others.



mealt ime prayer

Lord, thanks we say for night and day, food and shelter, rest and play. Be our guest and with us stay. Amen.

Service



Caring for our life in community, whether it be a family, support group, or congregation is of vital importance to the integrity of the witness of the church.

Reach out to someone who may feel alone or estranged from their family, small group or congregation.

Express your care for them and for their being a valued community member.