



# The Community Visitors Scheme

AN AUSTRALIAN GOVERNMENT INITIATIVE



## Community Visitors Scheme Training Day

**10am: Arrive and enjoy a cuppa together**

**10:30am – 11:15am: ARAS**

ARAS offers a free, confidential and state-wide service to older people, or their representatives, who are:

- living in residential aged care
- receiving Commonwealth Home Support Programme (CHSP) or Home Care Package (HCP) services
- at risk of, or experiencing abuse from family or friends living in a retirement village.

ARAS also has specialist Aboriginal Advocates, who provide culturally safe support and host an annual Intergenerational Elders and Youth Gathering in regional South Australia. ARAS is funded by the Department of Health, National Aged Care Advocacy Program (NACAP), Office for Ageing Well, SA Health and COTA Australia.

**11:15am – 11:45am: Dementia Friendly Communities**

The Dementia-Friendly Community Program is an Australian Government funded program administered by Dementia Australia. Small, everyday acts of support and understanding can make a big difference in the lives of people living with dementia, their families and carers. What could you do?

**11:45am – 12:30pm: LiveUp**

Independence means doing what you want to do every day. LiveUp is a national platform designed to help you reimagine, reset and reconnect with living your life to its fullest. You'll find personalised suggestions for your healthy ageing journey.

**12:30pm – 1:30pm: Lunch provided**

**1:30pm – 3:30pm: Incidental Counselling presented by Lutheran Care**

At times people find themselves in a counselling role by accident because of conversations with friends or others. This workshop provides practical skills to be able to respond and support others and how to care for yourself during this time.

**When:**

Tuesday, 20 September 2022  
10am – 3:30pm

**Where:**

Lutheran Care Blair Athol  
309 Prospect Road, Blair Athol

**Cost:**

Free

**RSVP by 6 September**

Spaces are limited so bookings are essential. Contact Carolyn on 0447 093 847 or [ckoch@lutherancare.org.au](mailto:ckoch@lutherancare.org.au)

*Morning and afternoon tea provided. You are welcome to bring a friend and only attend certain parts of the training day if you wish.*



**LUTHERAN CARE**