



SOWING SEEDS

Celebrate the God who gives life to all. Plant some seeds at the beginning of Lent and watch them grow and bring new life as Easter approaches.

You will need:

1. Bean seeds (or seeds of your choice)
2. Small pots
3. Potting mix
4. Pop sticks
5. Small pieces of card (approx. 8cm x 10cm)
6. Textas
7. Tape
8. Matthew 13:3-9 printed out and laminated

What to do:

1. Invite participants to read the Parable of the Sower and the Seed—Matthew 13:3-9. (Have this printed on a sheet of paper and place on the table. It might be worth laminating to protect it from soil and water!)
2. Ponder this question: “How has God made you like the seed?”
3. Invite each person to take one seed and plant it in their pot of soil. As each person plants their seed, he or she could say: “Lord, help me grow in your love every day.” Write this phrase on a piece of card, attach to a popstick and put into the side of your pot.
4. Water the soil and place the pot in a sunny spot at home.
5. Watch the green plants grow.



You visit the earth
and water it; You
greatly enrich it;
The river of God is
full of water; You
provide the
people with grain,
For so you have
prepared it.

Psalm 65:9